



COACHING AGILE TEAMS FOR WELLBEING & PERFORMANCE

a better way to work

THE WHY



Learn leading edge wellbeing and performance techniques to help your team flourish. Classes are bitesized at 90 minutes per week, over 6 weeks. Each week you will learn to apply research based concepts and tools designed to change the way you work, think and coach.

WHAT THE 90 MINUTE SESSIONS WILL COVER

Week 1* Understanding wellbeing psychology

Week 2 Leveraging team strengths

Week 3 Developing high-performing teams

Week 4 Understanding human motivation

Week 5 Creating collaborative relationships

Week 6 Developing a resilient learning team mindset

* An optional 'Week 0' will cover 'Foundations of Agile & Business Agility'.

WHAT YOU'LL ALSO GET

- Simple templates and tools you can start applying straight away
- A collaborative learning experience in which you will also build resources and plans to ensure you get the most from your learning
- 2 x 1:1 coaching sessions with our expert coach to get you off to a flying start
- 1 x team induction / coaching session (up to 1 hour) for you and your team to help your team start realising the benefits straight away

PAY-WHAT-YOU-WANT OFFER

Course value: \$750 + GST

Due to the Coronavirus situation, with many not working, we are offering this first iteration of the course on a 'pay-what-you-want' basis, you can also split payments over up to 24 months.

TO REGISTER GO TO: <https://go.liminel.com.au/4r9>



CONTACT RICHARD PARTON FOR MORE DETAILS:
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